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## **EDUCATION**

### Biola University

**Bachelor of Arts** in Physical Education 1975  
California Single Subject Teaching Credential 1975

### University of Oregon

**Master of Science** in Physical Education 1981  
Areas of Emphasis: Administration, Disabilities, and Sport Psychology

### **Other:**

#### Tufts University & Boston University

Advanced graduate work in Gerontology and Disabilities 2004

## **EMPLOYMENT HISTORY**

### **Westmont College, Santa Barbara, CA**

Associate Professor of Kinesiology Fall 1990 – Present  
Assistant Professor of Kinesiology Fall 1981 – 1990  
Instructor-Teacher/Coach Fall 1978 - 1981

#### Courses:

- Administration & Organization
- Applied Learning Theory
- Foundations of Kinesiology
- Gerontology: Physical, Psychological and Social Aspects of Aging
- Health Education for the Classroom Teacher
- International Issues in the Sport Sciences
- Pedagogy
- Psychology of Sport
- Sociology of Sport
- Special Populations
- Student Internships
- Senior Seminar
- Activity courses

#### Administrative positions

- Kinesiology Department Chair 2014-present;  
1999-2004
- Director of Summer Sport Skills Program 1992-1999
- Head Coach Women's Tennis 1978-1988
- Head Coach Women's Volleyball 1978-1980

**Valley Christian High School, Los Gatos, CA**

Athletic Director and Department Chair

1975-1978

**PROGRAM DEVELOPMENT**

Kinesiology Europe Mayterm

2001-2011;  
2017

Kinesiology Guatemala Mayterm

2000-2002

Summer Sport Skills Program

1992-1999

**PROFESSIONAL MEMBERSHIPS/CERTIFICATIONS**

*Memberships*

- Christian Society for Kinesiology and Leisure Studies 1997-Present
- ICSSPE – International Council of Sport Science and Physical Education 2003-2013
- American Alliance of Health, Physical Education, Recreation & Dance 1988-2005

*Certifications*

- Balance and Mobility Specialist 2007

**NATIONAL AND REGIONAL PROFESSIONAL POSITIONS**

Christian Society for Kinesiology and Leisure Studies Executive Board 2013-2016

Christian Society for Kinesiology and Leisure Studies Executive Board 2000-2003

National Association of Intercollegiate Athletics Tennis Award Committee 1986-1987

National Association of Intercollegiate Athletics Tennis Committee Consultant 1985

National Association of Intercollegiate Athletics National Tennis Tournament Committee 1982-1983

California Collegiate Athletic Conference President 1981-1982

California Collegiate Athletic Conference Secretary 1980-1981

Association of Intercollegiate Athletics, Region 8, Tennis Representative 1980-1981

**HONORS AND AWARDS/FELLOWSHIPS/GRANTS**

Professional Development Grant 2007

Teacher of the Year (Social Sciences) 2006

National Association of Intercollegiate Athletics District III Coach of the Year 1982, 1983, 1987, 1988

National Association of Intercollegiate Athletics District III Tennis Champions	1982, 1983, 1987, 1988
National Association of Intercollegiate Athletics National Women's Tennis Coach of the Year	1984
National Association of Intercollegiate Athletics National Women's Tennis Champions	1984

## **PRESENTATIONS/PUBLICATIONS**

### **Professional Conferences**

<i>Christian Society for Kinesiology and Leisure Studies: Podcast on Mentoring</i>	2017
L'Arche and the Christian College Graduate in the Allied Health Fields: A Potential Collaboration- Christian Society for Kinesiology and Leisure Studies at Taylor University (Upland, Indiana 2012)	2012
<i>What is Kinesiology?</i> – Seminar for Association of Christian Schools International (Anaheim, CA)	2009
<i>Youth Sports: Look Before you Leap!</i> – Seminar for Association of Christian Schools International (Anaheim, CA)	2009
<i>Pathway to Resilience: Utilizing a Developmentally Skills-Based Sports Program with Children in a Post-Disaster Environment</i> – Conference "Sport in post-Disaster Intervention" (Nov. 2008 in Berlin, Germany)	2008
<i>Promoting Wellness: A Collaborative Approach with a Residential Senior Living Center Society for Kinesiology and Leisure Studies</i> – Christian Society for Kinesiology and Leisure Studies at Gordon College (Wenham, Massachusetts)	2006
<i>Building a Case for the Full Inclusion of Physical Education Activity Courses as Part of the General Education Requirement</i> – Christian Society, for Kinesiology and Leisure Studies at Redeemer University College (Ancaster, ON, Canada)	2003
<i>Kinesiology Off Campus Program Potential</i> – Christian Society for Kinesiology and Leisure Studies at Westmont College (Santa Barbara, CA)	2000
<i>Developing an appropriate Sport Skills Program</i> – Christian Society for Kinesiology and Leisure Studies at Westmont College (Santa Barbara, CA)	2000

### **Other**

<i>Youth Sports: Look Before you Leap!</i> – Seminar on Youth Sports for Santa Barbara Community Church (Santa Barbara, CA)	2017
<i>Youth Sports: Look Before you Leap!</i> – Providence Hall-University Club (Santa Barbara, CA)	2013
2009	2011
<i>Down with Falls</i> – SBCC Continuing Education-Schott Center (Santa Barbara, CA)	2008
<i>What is Kinesiology? - Presentation to President's Council</i> (Westmont College)	2007
<i>Faith and Learning seminar presentation</i> (Westmont College)	2007

<i>Leading Homegroup: Pedagogical Strategies</i> (Santa Barbara, CA)	2007
<i>Look Before you Leap!</i> – Seminar on Youth Sports for Santa Barbara Community Church (Santa Barbara, CA)	2003, 2005
<i>Look Before you Leap!</i> – Seminar on Youth Sports for El Montecito Presbyterian Church (Santa Barbara, CA)	1997
<i>Appropriate Games for Children</i> – Seminar for the Local Church (Santa Barbara, CA)	1997
<i>The Stress Response</i> – Presentation at Anacapa High School (Santa Barbara, CA)	1996
Seminar for the American Youth Soccer Organization (AYSO) on “ <i>Psychological Considerations in Coaching Youth Sports</i> ”	1993

## **Publications**

Milner, Christine (2013, December) L’Arche and the Christian College Graduate in the Allied Health Fields: A Potential Collaboration *ICSSPE Bulletin - Journal of Sport Science and Physical Education*, 65. Retrieved from <https://icsspe.org/content/no-65-cd-rom>

Milner, C. (2011). Welcoming people with disabilities. The Westmont College Magazine.

Milner, C. (2011) Welcoming People with disabilities in our midst. Santa Barbara Community Church Community News.

## **CONFERENCES ATTENDED/COURSE WORK**

Christian Society for Kinesiology and Leisure Studies, Westmont College	2016
Christian Society for Kinesiology and Leisure Studies, Calvin College	2015
Christian Society for Kinesiology and Leisure Studies, Messiah College	2014
Christian Society for Kinesiology and Leisure Studies, Baylor University	2013
Christian Society for Kinesiology and Leisure Studies, Taylor University	2012
Christian Society for Kinesiology and Leisure Studies, Calvin College	2010
Sport in a Post-Disaster Environment, Berlin, Germany	2008
Christian Society for Kinesiology and Leisure Studies, Seattle Pacific College	2007
Christian Society for Kinesiology and Leisure Studies, Gordon College	2005
Gerontology 621 <i>Social Aspects of Aging</i> , University of Massachusetts - Boston	2004
SAR RC 605 <i>Psychosocial Aspects of Physical Disability</i>	2004
Gerontology 229 <i>Physical, Social, Psychological Aspects of Aging</i> , Tufts University	2004
Gerontology 628 <i>Psychology of Aging</i> , University of Massachusetts - Boston (audit)	2004
<i>Early Intervention</i> , Tufts University (audit)	2004
Christian Society for Kinesiology and Leisure Studies, Redeemer College	2003

Faith & Learning Coalition Conference, Wheaton College	2002
Hosted Christianity, Sport, Leisure and Wellness Conference, Westmont College	2000
Faith & Learning Coalition Conference, Calvin College	1999
Faith & Learning Coalition Conference, Messiah College	1997
American Alliance of Health, Physical Education, Recreation & Dance National Conference, Atlanta	1996
American Alliance of Health, Physical Education, Recreation & Dance National Conference, San Francisco	1994
Project Teach - Teacher Education to Achieve Comprehensive Health	1994
American Alliance of Health, Physical Education, Recreation & Dance National Conference, Washington D.C.	1993
Medicine and Pharmacological Aspects of Substance Abuse (UCSB)	1992
Introduction to the MacIntosh	1989
Family Training Institute, San Francisco	1989
Physical Activity for the Exceptional Individual Conference, Orange County	1985
American Alliance of Health, Physical Education, Recreation & Dance National Conference, Anaheim	1984
Physical Activity for the Exceptional Individual Conference, Stockton	1984
California Alliance of Health, Physical Education, Recreation and Dance Conference, Stockton	1983
Association for Intercollegiate Athletics for Women National Convention, Detroit	1981
Association for Intercollegiate Athletics for Women National Convention, Washington, D.C.	1980
Association for Intercollegiate Athletics for Women National Convention, Los Angeles	1979
Vic Bradin Tennis Academy, Orange County	1978

### **WESTMONT COLLEGE INSTITUTIONAL SERVICE**

#### *Committees*

Kinesiology Search Committee	2013-2016
Academic Senate	2011-2013
Faculty Mentor	2010-2014
Kinesiology Search Committee	2010-1011
Theatre Arts Search Committee	2009-2010
Faculty Council	2007-2010
Athletic Committee	1998-2009 2008-2009,
Senate Committee	1999-2004
Education Search Committee	2008-2009
Kinesiology Search Committee	2007

English Search Committee	2006-2007
General Education Committee	2005-2007
Art Search Committee	2005-2006
Executive Senate	2002-2004
Off Campus Programs	2002-2004
Provost Search Committee	Spring 2002
Salary and Benefits Committee	2000-2002
Executive Senate	2000-2001
Computer Science Search Committee	1999-2000
Review Committee	1998-1999
Waiver Program Revision Committee	1995-1997
Kinesiology Europe Program Committee	1994-1997
Hall of Fame Committee	1994-1996
Sports Associates Auction Committee	1986-1988
Athletic Committee	1980-1981
Admissions Committee	1978-1980
Support Services Committee	1978-1980

*Task Forces*

Experiential Learning Task Force	2010-2012
Decision Making & Communication Task Force	2009-2010
Program Review Task Force	2001-2002
Articles of Faith Task Force	2000-2002
Warrior Sports Associates Fundraiser	1982-1987

**COMMUNITY INVOLVEMENT**

Volunteer for NGO in Haiti	2010
Developed Free Camp for Low Income Children in Santa Barbara	2007
Home Group Leader – Santa Barbara Community Church	2003-Present
Taped Lecture Transcriber for Deaf Children	2001 Summer 2001-2003,
Sunday School Teacher	1998-99
AYSO Division Director	1996-1998

AYSO Executive Board	1995-1997
Children's Ministries Committee, El Montecito Presbyterian Church	1989-1993
Vacation Bible School Teacher, Montecito Covenant Church	1989
Cold Spring School Family Life Task Force	1989
Life Network Shepherding Home for Pregnant Teenager	1989
Member of El Montecito Presbyterian Church	1988-1993
Sunday School Teacher, El Montecito Presbyterian Church	1988-1993
Vacation Bible School Teacher, Trinity Lutheran Church	1988-1989
Care Line Volunteer for the Elderly	1988-1989
Member of Santa Barbara Athletic Round Table	1982-1987
Sunday School Teacher, Community Presbyterian Church	1981
Member of Community Presbyterian Church, Ventura	1980-1984
Family Camp Director, Pine Cove Christian Conference Center, Tyler, TX	1975
Counselor-in-Training Director, Tyler, Texas	1974